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**ROUTE SHEET CHECKLIST**

Format

* Only 2 pages
* No boxes removed – (size of empty boxes can be reduced if needed).
* Mac users – do not send as a “Pages” document. Please convert to .docx or .pdf.
* Use only place names found on 1:50,000 maps.
* Deferred routes – highlight changes in a different colour.

Start/Finish Points

* Places and dates tally with the written text.

Names

* Names of all group members

Dinner Requests

* Please indicate your preference in the box provided and refer to the paragraph FINISHING YOUR CROSSING in the [Event Details](https://www.tgochallenge.com/resources/downloads/).

Distance and ascent

* Required for all days and FWAs.
* Distance to nearest 1 km.
* Ascent to nearest 10m.
* Metric measurements only.

Grid references

* Use two prefix letters and only six figures (e.g. NH 068 312).
* In main description use only when a place name is not available.

Main route

* Only one please (escape routes from ridges or summits to FWAs are acceptable).
* Clear concise description (see examples).
* Highlight any summits over 600m (e.g. Munros, Corbetts and Grahams) in bold type.
* Use mainly place names and grid reference only where needed for clarity.

FWAs

* Suitable FWAs are provided – see list and advice on page xx of the Event Details.
* Each FWA (or section of multiday FWA) appears under the relevant day and has distance and ascent figures.
* Multiday FWAs give overnight halts and, if appropriate, link to/from the main route.

Overnight halts

* Town/villages – name of place and establishment you intend to use with phone number (if known)
* Wild camping – description and 6 figure grid reference with prefix letters (e.g. Loch Mhoicean NH 068 312)
* No need to state “wild camp” – it’s usually obvious!

Ferry Crossings

* Please indicate in the box provided if you plan to use the Loch Ness crossing.

Phone in points

* Minimum 4, maximum 6.
* Maximum 4 days apart if possible.
* Do not include your start or finish points.
* Give place and date – use day of arrival to phone in, not following morning.
* Only where mobile signal or access to landline or Wi-Fi.

GPX files

* If including, please follow guidance on page 1 of [Filling out your Route Sheet](https://www.tgochallenge.com/resources/downloads/)