**Route Sheet Checklist**

**Before you submit your route for vetting please check the following:**

**Format**

* Only 2 sides
* No boxes removed – (size of empty boxes can be reduced if needed)
* Mac users – do not send as a “Pages” document. Please use the editable PDF document if possible
* Use only place names found on 1:50,000 maps
* Deferred route – highlight any changes in a different colour

**Start/Finish Points**

* Places and dates tally with the written text

**Names**

* Names of all group members
* Numbers of any mobiles to be carried. If you are buying a UK SIM on arrival or your number changes, please inform the coordinators.

Dinner requests

• Please indicate your preference in the box provided and refer to the paragraph FINISHING YOUR CROSSING.

**Distance and ascent**

* Required for all days and FWAs
* Distance to nearest 1 km
* Ascent to nearest 10m
* Metric measurements only

**Grid references**

* Use two prefix letters and only six figures (eg NH 068 312)
* In main description use only when a place name is not available.

**Main route**

* Only one please (escape routes from ridges or summits to FWAs are acceptable)
* Clear concise description (see examples)
* Highlight any summits over 600m (eg Munros, Corbetts and Grahams) in **bold type**.
* Use mainly place names and grid reference only where needed for clarity

**FWAs**

* Suitable FWAs are provided making reference to the list and advice in the Event Details.
* Each FWA (or section of multiday FWA) appears under the relevant day and has distance and ascent figures.
* Multiday FWAs give overnight halts and, if appropriate, link to/from the main route

**Overnight halts**

* Town/villages - name of place and establishment you intend to use (if known)
* Wild camping – description and 6 figure grid reference with prefix letters (eg Loch Mhoicean NH 068 312)
* No need to state “wild camp” – it’s usually obvious!

**Phone in points**

* Minimum 4, maximum 6
* Maximum 4 days apart if possible
* Do not include your start and finish points
* Give place and date – use day of arrival not following morning
* Ideally on phone in list - if not there should be access to a mobile signal or landline

**Ferry Crossings**

* Please indicate in the box provided if you plan to use the Loch Ness.

**GPX files**

If including, please follow guidance in the Event Details